



Nature's Place College is offering **Social Anxiety Support Group for Adults**

Presented by Nature's Place Therapy Service, Inc.

We are offering a support group for adults, ages 20 through 40, of all abilities whom struggle with anxiety caused by social situations and/or environment.

We invite you to join us every 1st and 3rd Monday of each Month, from 6:00 pm to 7:30 PM, for a group-based session where we will work with hands on approach towards working with your anxiety.

Qualifications:

- Ages 20 through 40
- willing to participate
- willing to complete out-of-class assignment

Location:

Nature's Place Therapy Services, Inc. 1316 South Boulevard West Davenport, FL 33837

- Food and drinks will be provided
- Monetary donations are accepted but not required.

For more information please contact:

Deborah Adams, PhD-CCC/SLP, Director

Phone Number: (863) 421-0556